



# Instructions for Specimen Preparation and Handling

## SAMPLE STORAGE

Store serum sample at 2–8 degrees Celsius until the sample can be packaged following the shipping and handling instructions. Unfrozen samples must be received in the laboratory within 8 days of collection.

## LABELING POLICY

Fill out the patient name and date of birth on barcoded labels provided in the kit. Apply one barcode label to each tube, and one barcode label to each copy of the Test Requisition Form. Return any leftover labels with the sample.

## REQUISITION REQUIREMENTS

Complete the Test Requisition Form including the following: collection date and time, patient's first and last name, patient's DOB, last four digits of the patient's SSN, practitioner's name and signature, ICD-10 codes, and patient's billing information.

*Providing Menopausal Status is important to reduce delays in testing.*

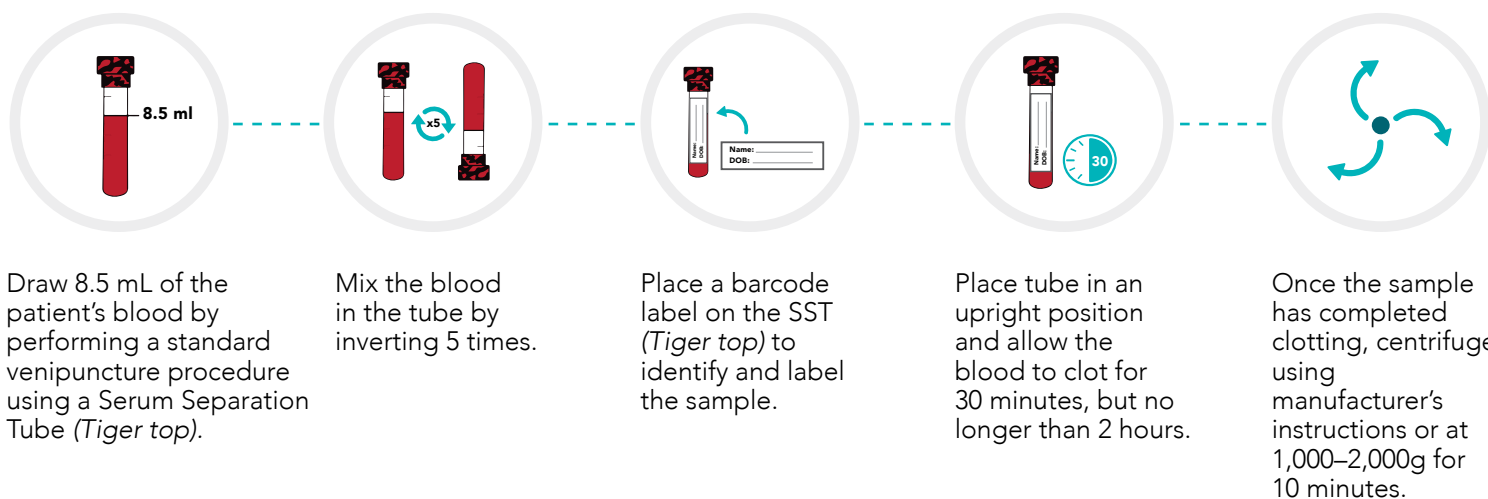
Check that the provider address, phone number, and fax number are correct on the order form.

**Note:** Missing or incomplete test requisition information will delay processing and extend turnaround time.



Specimens not properly identified with two unique identifiers will not be accepted by the laboratory.

## STEP 1



## STEP 2



### Laboratory Test Requisition Form

Collection Date: \_\_\_\_\_ Phlebotomist Initials: \_\_\_\_\_ Physician Office: ☐ Other: ☐ Quest/PSC Site: \_\_\_\_\_

Document the time and date of blood draw on the Test Requisition Form.



### Laboratory Test Requisition Form

Collection Date: \_\_\_\_\_ Phlebotomist Initials: \_\_\_\_\_ Physician Office: ☐ Other: ☐ Quest/PSC Site: \_\_\_\_\_

Record the phlebotomist's initials.

## PACKAGING AND SHIPPING INSTRUCTIONS

**Note:** Keep the gel at room temperature, do not remove from the kit. Store serum sample at 2–8°C until the sample can be packaged following the instructions below.

# ! DO NOT FREEZE THE GEL PACKS

## STEP 1



Place the Serum Separator Tube into the biohazard bag. Remove the excess air, seal the bag along the zippered track.



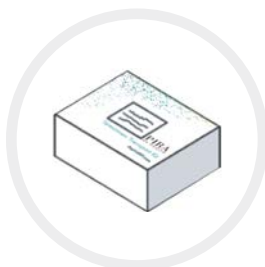
Fold the Test Requisition Form into quarters and place in biohazard bag pocket along with the leftover labels.

## STEP 2



Place the biohazard bag between the two ambient gel packs, insert into the silver pouch and place in the kit box

## STEP 3



Close the kit box and place inside the FedEx bag. Affix the shipping label provided to the outside of the FedEx bag.



Contact FedEx online or call 1-800-463-3339 to schedule a pick up. Kits may also be dropped off at a FedEx shipping location.

To receive additional specimen transport kits  
**Call (844) 277-4721**

PRECAUTION: Ova1® and Overa® should not be used without an independent clinical and imaging evaluation and is not intended to be a screening test or to determine whether a patient should proceed to surgery. Incorrect use carries the risk of unnecessary testing, surgery, and/or delayed diagnosis.

### ASPIRA LABS

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### CUSTOMER SUPPORT

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