

Instructions for Specimen Preparation and Handling

SAMPLE STORAGE

Store serum sample at 2–8 degrees Celsius until the sample can be packaged following the shipping and handling instructions. Unfrozen samples must be received in the laboratory within 8 days of collection.

LABELING POLICY

Fill out the patient name and date of birth on barcoded labels provided in the kit. Apply one barcode label to each tube, and one barcode label to each copy of the Test Requisition Form. Return any leftover labels with the sample.

REQUISITION REQUIREMENTS

Complete the Test Requisition Form including the following: collection date and time, patient's first and last name, patient's DOB, last four digits of the patient's SSN, practitioner's name and signature, ICD-10 codes, and patient's billing information.

Providing Menopausal Status is important to reduce delays in testing.

Check that the provider address, phone number, and fax number are correct on the order form.

Note: Missing or incomplete test requisition information will delay processing and extend turnaround time.

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Specimens not properly identified with two unique identifiers will not be accepted by the laboratory.

STEP 1



Draw 8.5 mL of the patient's blood by performing a standard venipuncture procedure using a Serum Separation Tube (*Tiger top*).

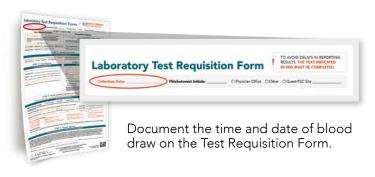
Mix the blood in the tube by inverting 5 times.

Place a barcode label on the SST (Tiger top) to identify and label the sample.

Place tube in an upright position and allow the blood to clot for 30 minutes, but no longer than 2 hours.

Once the sample has completed clotting, centrifuge using manufacturer's instructions or at 1,000–2,000g for 10 minutes.

STEP 2





PACKAGING AND SHIPPING INSTRUCTIONS

Note: Keep the gel at room temperature, do not remove from the kit. Store serum sample at 2–8°C until the sample can be packaged following the instructions below.



DO NOT FREEZE THE GEL PACKS

STEP 1





Place the Serum Separator Tube into the biohazard bag. Remove the excess air and seal the bag along the zippered track.

Fold the Test Requisition Form into quarters and place in biohazard bag pocket along with the leftover labels.

STEP 2



Place the biohazard bag between the two ambient gel packs, insert into the silver pouch and place in the kit box.

STEP 3





Close the kit box and place inside the FedEx bag. Affix the shipping label provided to the outside of the FedEx bag.

Contact FedEx online or call 1-800-463-3339 to schedule a pick up. Kits may also be dropped off at a FedEx shipping location.

To receive additional specimen transport kits Call (844) 277-4721

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CUSTOMER SUPPORT

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