

# Instructions for Specimen Preparation and Handling

#### SAMPLE STORAGE

Blood or Saliva specimens can be stored at ambient temperature. Delivery should be arranged such that it arrives within 72 hours from collection, otherwise, samples will need to be refrigerated.

### **LABELING POLICY**

Fill out the patient name and date of birth on barcoded labels provided in the kit. Apply one barcode label to each tube (blood or saliva), and one barcode label to each copy of the Test Requisition Form. Return any leftover labels with the sample.

#### REQUISITION REQUIREMENTS

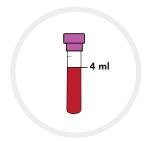
Complete the Test Requisition Form including the following: collection date and time, patient's first and last name, patient's DOB, last four digits of the patient's SSN, patient signature, practitioner's name and signature, ICD-10 codes, and patient's billing information.

**Note:** Missing or incomplete test requisition information will delay processing and extend turnaround time.



Specimens not properly identified with two unique identifiers will not be accepted by the laboratory.

# STEP 1



Draw 4 mL of the patient's blood by performing a standard venipuncture procedure using a EDTA Tube (Lavender top).

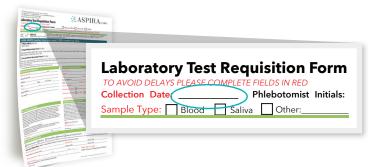


Place a barcode label on the EDTA (Lavender top) or Saliva tube to identify and label the sample.

(1)

**Saliva Collection Instructions:** Follow the directions included in the Saliva collection kit. Ensure the saliva tube is labeled with the barcoded label (*including patient name and date of birth*).

# STEP 2



Document the time and date of blood draw or saliva collection on the Test Requisition Form.

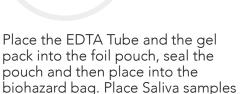


#### PACKAGING AND SHIPPING INSTRUCTIONS

Note: Store serum or Saliva samples at ambient temperature until the sample can be packaged following the instructions below.

# STEP 1





directly into the biohazard bag.





Fold the Test Requisition Form into quarters and place in the side pocket of the biohazard bag along with leftover labels.

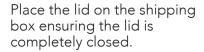
# STEP 2



Remove the lid from the shipping box. Place the biohazard bag with the EDTA or saliva tube in the box.

# STEP 3







Close kit box and place into the FedEx Bag. Affix the shipping label to the outside of the FedEx Bag in the designated area.



Contact FedEx online or call 1-800-463-3339 to schedule a pick up. Kits may also be dropped off at a FedEx shipping location.

# To receive additional specimen transport kits Call (844) 277-4721

#### **ASPIRA LABS**

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#### **CUSTOMER SUPPORT**

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